



48 Toh Guan Road East #02-135
Singapore 608586
UEN: T14SS0018D

ANNUAL REPORT

REPORTING YEAR ENDED 31 DECEMBER 2021

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COMMITTEE'S REPORT

Inception & Objectives

The Ostomy Association of Singapore was officially registered on 27th January 2014.

The aims of our non-profit organisation are:

1. to speed up the rehabilitation of patients who have undergone colorectal surgery or urinary tract diversion surgery by offering reassurances, emotional support, appropriate advice and practical information to patients and their caregivers both before and after surgery,
2. to promote better understanding and foster friendship and bonding among the ostomates and colorectal cancer survivors through mentoring and shared experiences'
3. to provide information and encouragement concerning all aspects of stoma care and
4. to educate and increase public awareness about colorectal cancer

Present Committee

The office-bearers and committee members of the Association are as follows:

President	-	Ellil Mathiyan
Vice President	-	Joan Heng
Treasurer	-	Celeste Se
Secretary	-	Lim Bee Suat
IT Committee Member	-	Wong Yuk Ling

Membership

The details of the current membership are as follows:

Ordinary Members	-	673
Fellow Members	-	10
Associate Members	-	6
Honorary Members	-	3
Total Membership	-	692

Ongoing Programmes

Collection & Redistribution of donated stoma supplies

The OAS has started a collection service for those who wish to donate surplus stoma supplies. These supplies were then re-distributed to OAS members.

Significant Events

1. P.O.S.H

The Ostomy Association of Singapore (OAS) provides support for those living with ostomies, or who may have had, or will end up having ostomies for colorectal or urological conditions. We offer reassurance, emotional support, appropriate advice and practical information not only to survivors and patients, but also to their caregivers, both before and after surgery.

During this pandemic, we have come up with an online platform to continue to provide this essential support for those who need it



POSH
PATIENTS' ONLINE SUPPORT HUB
By **OAS**

Every Tuesday
Session 1: 2:00PM to 3:30PM
Session 2: 8:00PM to 9:30PM



HOW TO JOIN US ON ZOOM?

OPTION 1 - Click here: [JOIN THE SESSION](#)

OPTION 2 - Enter this URL into your browser: <http://bit.ly/POSHcsr>

OPTION 3 - Scan this QR code



Zoom Meeting ID: 959 941 4825
Passcode: 71773



POSH
PATIENTS' ONLINE SUPPORT HUB



Become a member of **OAS**
NO membership fee.

To sign up, click on or enter this URL into your browser:
<https://bit.ly/OASsignup>

Or scan this QR code:



Members of the Ostomy Association of Singapore get access to exclusive benefits/promotions from our partners Coloplast & ConvaTec, in addition to psychosocial support and practical information for patients and their caregivers on all aspects of stoma care through seminars/webinars and other channels. Find out more at www.oas.org.sg.



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2. Seventh Annual General Meeting



The Seventh OAS AGM was held on 19th June 2021. It was held via Zoom due to the Covid-19 restrictions. During the AGM, along with the adoption of resolutions, the following office bearers were elected unanimously by the members present:

President: Ellil Mathiyen Lakshmanan

Vice President: Joan Heng

Treasurer: Celeste Se

Secretary: Lim Bee Suat



**OAS 7TH AGM
NOTICE OF ANNUAL GENERAL MEETING**

Notice is hereby given that the Seventh Annual General Meeting of the Ostomy Association of Singapore will be held at 11.00 am on Saturday, 19th June 2021, 10.45 am via Zoom Platform.

A G E N D A

1. To receive and adopt the Financial Statements for the reporting year ended 31 December 2020 together with the Reports of the Committee thereon.
2. To elect a new Vice President to take over the retiring VP Mr Teo Kee Huat.
3. To approve the change of the Financial Year-End for the Association from 31st October to 31st December
4. To transact any other matters appropriate to be transacted at an Annual General Meeting.

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**OAS 7TH AGM
COMMITTEE REPORT FOR 2020**

Significant Events

1. Communications, Website and Social Media

admin@oas.org.sg – for all official correspondence (except Finance)

finance@oas.org.sg – for Finance matters, and

help@oas.org.sg – as the helpline for the public to reach out to us.

For members to reach us, OAS also has a dedicated mobile contact number **98752707**.



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3. OAS Patient and HCP Education Series

A series of webinars were held in collaboration with our Industry Partners, Coloplast and Convatec, as well as the Singapore Cancer Society, under the Patient and Healthcare Professional Educations series. These were well received by the members, as evidence by the attendance numbers as well as active participation on the Q&A and Panel Discussion segments.

PATIENT AND HCP EDUCATION SERIES
FOR OSTOMATES AND NURSES



OAS-COLOPLAST CARE WEBINAR
Talks by a WOCN trained stoma nurse and an ostomate:
Stoma leakage and its management | Journey of a stoma patient

Besides the education talks, there will also be virtual activities for everyone:
• Short quiz with prizes to be won | • Special promotion on Ostomy Care Products

20 March 2021, Saturday
11.00am Via Zoom

Join Zoom Meeting
Meeting ID: 835 5187 1361
Passcode: 150319

For any questions, please email to
sgcore@coloplast.com or help@oas.org.sg

HOSTED BY
OAS
IN PARTNERSHIP WITH
Coloplast

SINGAPORE CANCER SOCIETY

A Talk for Colorectal Cancer Support Group Members

**Saturday, March 13, 2021
2 p.m - 3.30 p.m.**

Mr. Ellil Mathiyen Lakshmanan
President of OAS

Understanding the Needs of Those Living with Conditions Due to Colorectal Disease
Providing an insight on some of the issues faced by those living with the condition, including preliminary survey findings.

Dr. Charles Tsang
Farrer Park Hospital

Optimal Timing in the Treatment of Colorectal Cancer
Management and treatment of colorectal cancers has evolved over the years. One notable trend is the multidisciplinary treatment approach tailored to each patient with imaging and molecular testing for optimal treatment outcome. Learn more from Dr. Charles Tsang in this talk.

Join Us on ZOOM



Supported by
FARRER PARK HOSPITAL
OAS

Hosted by **OAS** In partnership with **Convatec**

Life After An Ostomy: Navigating The Journey Together

DATE 5 June 2021, Sat
Time 2.00pm to 3.30pm
Format Zoom Webinar

SCAN CODE OR GO TO
<https://us02web.zoom.us/j/85938787923>
TO JOIN THE WEBINAR

Chairperson
Mr. Ellil Mathiyen Lakshmanan, President of OAS
Double-Cancer Survivor and Ostomate of 10 years

Speakers
Prof Francis Seow Choen
H&A, FRCS, FRCR
Medical Director
Seow-Choon Colorectal Centre

Ms Sarah Russell
Colostomate
Clinical Plates Instructor & Cancer Rehabilitation Specialist, UK

AGENDA

- 2.00pm - 2.05pm: Welcome Address by **Mr. Ellil Mathiyen Lakshmanan**
- 2.05pm - 2.35pm: My Recovery Journey after Stoma Surgery - Confident You Can Do This Too! by **Ms Sarah Russell**
- 2.35pm - 3.15pm: Home Management of Common Stoma Problems: Stoma & Diet, Stoma Complications and Healthy Living with a Stoma by **Prof Francis Seow Choen**
- 3.15pm - 3.25pm: Supporting Ostomates with **me+ Program**
- 3.25pm - 3.30pm: Closing Address by **Mr. Ellil Mathiyen**

*There will be a Q&A session after each presentation.

HOSTED BY **Convatec**



BOUNCING FORWARD: GETTING ACTIVE AFTER SURGERY
20th November, Sat | 2pm

Join our Patient Summit - bringing ostomates, nurses and caregivers together for more discussions on patient issues, fostering awareness, education and advocacy. Do you know about the resources available for support? Whether it's support from a healthcare professional to learn about their stoma, or from an ostomate themselves to get guidance on home preparation, start to know the different types of pre- and post-operative support available. > Together we will have conversations that matter!

HOSTED BY **OAS** IN PARTNERSHIP WITH **Convatec**

BOUNCING FORWARD: GETTING ACTIVE AFTER SURGERY

Mr. Ellil Mathiyen Lakshmanan
Ms. Joan Heng
Dr. Dean Koh
Ms. Ann Hui Zhao

Living with a Stoma - Concerns of a ostomate
有造口的生活

Dr. CHEW MIN HOE
3 Mount Elizabeth Hospital
#16-09

Email: drchewminhoe@thesurgeons.sg
www.thesurgeons.sg



BETTER OSTOMY CARE FOR YOUR UNIQUE STOMA PROFILE

Making life easier

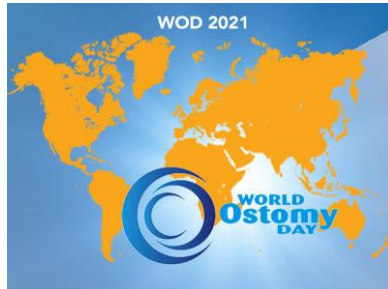
BETTER OSTOMY CARE FOR YOUR UNIQUE STOMA PROFILE



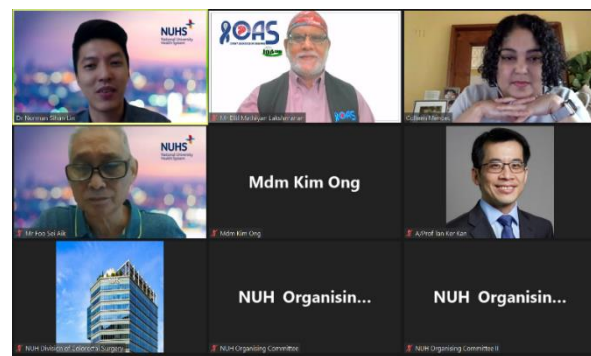
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4. World Ostomy Day

We marked World Ostomy Day 2021 on 2nd October with two Webinars, a ConvaTec Global Patient Summit and the annual WOD Webinar co-organised by Ostomy Association of Singapore and hosted by National University Hospital - NUH, in collaboration with all restructured hospitals and industry partners.



"Ostomates Rights are Human Rights - Anytime, Anywhere"





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5. Data Collection

It has been challenging to put our fingers on the number of ostomates in Singapore. This is important because when we lobby the authorities for better amenities and access to healthcare subsidies, we need to justify it with the numbers.

To this end, we signed an agreement with the National University Hospital, for its Research Team to furnish us with the figures for the hospital for a five-year period.

We are also working with other healthcare institutions and our Industry Partners to arrive at a good estimate of the number of ostomate living in our community, so that we can reach out to them and offer our programmes and services for better quality of life.

6. Needy Patient Assistance

Although there are several government schemes to assist patients with the expenses to manage their medical condition, some do fall through the cracks.

The OAS extended assistance to one such patient, and procured the required ostomy supplies through our vendors for a three-month period. We would like to express our appreciation and thanks to our donor, for stepping forward to make this possible.

7. Volunteer Structure

We had embarked on a Volunteer Recruitment exercise, to bolster our capacity and capability in various areas. The recruitment through the Giving.sg portal was very effective, and our latest volunteer set-up is as follows:

Accounts	-	Thiery Wong Po Foo, Lee Li Xuan Priscilla, Tay Jun Wen Dean
Social Media	-	Afiq Akmal Bin Abad
Website	-	Rebecca Ng
Graphic Design	-	Ang Shu Hui Natasha, Catherine Ng
Logistics	-	Francis Goh, Gloria Goh, Hoe Sheng Tong
Tech Support	-	Joseph Chu, Laboni Borkar, Kush Borkar
Patient Ambassador	-	Doris Lai, Loh Wan Heng, Teo Kee Huat
Caregiver Ambassador	-	Bharati Borkar

8. OAS Advisory Panel

Ms Aw Hui Zhen agreed to serve as the Physiotherapy Advisor on the OAS Advisory Panel. All the other advisors agreed to continue to serve and contribute their valuable expertise.



Psycho-Social Services Advisor - Dr. Gilbert Fan

Master Medical Social Worker
Psychotherapist (Satir)
Co-Chair, Patient Support
Chair, Volunteer Engagement
National Cancer Centre Singapore



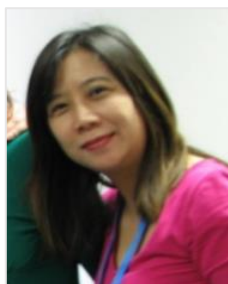
Social Service Advisor – Mr. Albert Ching

Chief Executive Officer
Singapore Cancer Society



Ostomy Advisor - Sister Ong Choo Eng

Senior Nurse Clinician (Specialty Nursing)
Stoma Care, Nursing Division
Singapore General Hospital



Patient Education and Support Advisor - Dr. Carol Loi

Head, Centre of Psychosocial Support
Singapore Red Cross Academy
Singapore Red Cross



Programme Advisor - Dr Juriyah Bte Yatim

Assistant Director, Nursing
(Advanced Practice Nurse)
Pelvic Floor Disorder, Nursing Division
Singapore General Hospital



Medical Advisor – Prof. Tang Choong Leong

Head, Department of Colorectal Surgery
Singapore General Hospital



Physiotherapy Advisor – Ms. Aw Hui Zhen

Deputy Head and Physiotherapist
Singapore Cancer Society Rehabilitation Centre

Looking Forward

The Association has come some way in the last two years, thanks to a dedicated and dynamic core volunteer team. We have achieved or are in the process of achieving, some of our objectives set the year before. The focus will now be on data-collection and research study, with the help of our consultant, to come up with the right service design model, which will best serve our members.

Conclusion

We look forward to more and closer collaboration with Industry Partners, Healthcare Institutions and all other stakeholders, to be a dynamic and responsive organisation which strives to identify and meet the needs of its members for a better quality of life for all. In addition to that, we aim to establish channels of communication with healthcare regulators and other agencies so as to propose actions which can assist us to achieve our mission.



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STATEMENT BY THE COMMITTEE

In the opinion of the Committee, the Associations financial statements are drawn up so as to give a true and fair view of the state of affairs of the Ostomy Association of Singapore as at 31 December 2021 and the results, changes in funds and cash flows of the Association for the reporting year ended on that date, and at the date of this statement there are reasonable grounds to believe that the Association will be able to pay its debts, if any, as and when they fall due.

On behalf of the Committee

Ellil Mathiyan
President

Joan Heng
Vice-President

Lim Bee Suat
Secretary

Celeste Se
Treasurer

Dated:



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HONORARY AUDITORS' REPORT

TO THE MEMBERS OF THE OSTOMY ASSOCIATION OF SINGAPORE

We have audited the accompanying financial statements of Ostomy Association of Singapore ("the Association") which comprise the statement of financial position as at 31 December 2021, statement of financial activities, statement of changes in funds and statement of cash flows for the reporting year then ended, and a summary of the significant accounting policies and other explanatory information.

The Association's Committee is responsible for the preparation and fair presentation of these financial statements in accordance with the Singapore Financial Reporting Standards and the Societies Act, Chapter 311 and for such internal controls the Association's Committee determines is necessary to enable the preparation of the financial statements that are free from material misstatement, whether due to fraud or error.

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with Singapore Standards on Auditing. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement. An audit also includes assessing the accounting principles used and significant estimates made by the Association's Committee as well as the overall financial statement principle. We believe that our audit provides a reasonable basis for our opinion.

In our opinion, the financial statements are properly drawn up in accordance with the Singapore Financial Reporting Standards so as to present fairly, in all material respects, the state of affairs of the Association as at 31 December 2021 and the results, changes in funds and cash flows of the Association for the reporting year ended on that date.

Mr. K Prabu Naidu
Honorary Auditor

Ms Zoe Yap Mui Ling
Honorary Auditor

Dated:



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STATEMENT OF FINANCIAL POSITION AS AT 31 DECEMBER 2021

	2021 AMOUNT-S\$	2020 AMOUNT-S\$
ASSETS:		
CASH-IN-HAND	30.60	30.60
CASH-AT-BANK	39,348.73	34,369.55
SUBSCRIPTION RECEIVABLE	-	320.00
PREPAYMENT	200.00	789.00
STOCK OF OAS VEST	-	50.00
TOTAL	39,579.33	36,130.15
LIABILITIES:		
ACCOUNTS PAYABLE	30.35	25.35
ADVANCE BILLING	9,000.00	9,000.00
WEB DESIGN & EMAIL HOSTING FOR 2018 & 2020	-	360.00
ACCRUED EXPENSES	248.12	722.23
INCOME TAX PAYABLE	160.00	-
SURPLUS CARRIED FORWARD	30,140.86	26,022.57
TOTAL	39,579.33	36,130.15

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2021

	2021 AMOUNT-S\$	2020 AMOUNT-S\$
INCOME:		
VENDORS' LISTING FEE	4,680.00	1,000.00
OSTOMY AWARENESS DAY	1,250.00	750.00
SPONSORSHIP FOR OSTOMY AWARENESS DAY	-	651.00
MARKET RESEARCH	4,000.00	-
FINANCIAL AID TO MEMBERS	3,000.00	-
	<u>12,930.00</u>	<u>2,401.00</u>
EXPENDITURE:		
FUNCTIONS & EVENTS	171.61	147.48
BANK CHARGES	132.52	129.86
POSTAGE	-	474.00
PRINTING & STATIONERY	330.00	771.82
SUBSCRIPTION TO ASPOA	267.62	271.26
WEB DESIGN & EMAIL HOSTING& TELECOMMUNICATION	1,609.32	1,125.73
CONSULTANT	3,000.00	-
CONSUMABLE	50.00	-
DONATATION/PURCHASE SUPPLIES AND ASSETS	2,425.04	-
PROJECT COST	665.60	-
	<u>8,651.71</u>	<u>2,920.15</u>
 SURPLUS (INCOME OVER EXPENDITURE) BEFORE TAX	 4,268.29	 (519.15)
INCOME TAX FOR THE YEAR	160.00	-
SURPLUS (INCOME OVER EXPENDITURE) AFTER TAX	<u>4,118.29</u>	<u>(519.15)</u>

STATEMENT OF CHANGES IN FUNDS FOR THE YEAR ENDED 31 DECEMBER 2021

	2021 AMOUNT-S\$	2020 AMOUNT-S\$
BALANCE AT THE BEGINNING OF THE YEAR	26,022.57	26,541.72
NET SURPLUS/ (DEFICIT) FOR THE REPORTING YEAR	4,118.29	(519.15)
BALANCE AT THE END OF THE YEAR	30,140.86	26,022.57

STATEMENT OF CASH FLOW FOR THE YEAR ENDED 31 DECEMBER 2021

	2021 AMOUNT-S\$	2020 AMOUNT-S\$
CASH FLOW FROM OPERATING ACTIVITIES		
(DEFICIT) / SURPLUS BEFORE TAXATION	4,118.29	(519.15)
ADJUSTMENT FOR:		
OVER PROVISION OF INCOME TAX FOR YA 2022	160.00	-
OPERATING CASH FLOWS BEFORE CHANGES IN WORKING CAPITAL	4,278.29	(519.15)
CHANGES IN WORKING CAPITAL:		
TRADE RECEIVABLES & PREPAYMENT	1,530.00	(1,360.00)
TRADE& OTHER PAYABLES	(829.11)	9,256.97
CASH GENERATED/ (USED) FROM OPERATIONS	700.89	7,896.97
INCOME TAX PAID	-	-
NET CASH INFLOW/ (OUTFLOW) FROM OPERATING ACTIVITIES	4,979.18	7,377.82
NET CASH FLOW FROM INVESTING ACTIVITIES	-	-
NET CASH FLOW FROM FINANCING ACTIVITIES	-	-
NET MOVEMENT IN CASH AND CASH EQUIVALENTS	4,979.18	7,377.82
CASH AND CASH EQUIVALENTS AT THE BEGINNING OF THE YEAR	34,400.15	27,022.33
CASH AND CASH EQUIVALENTS AT THE END OF THE YEAR	39,379.33	34,400.15



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NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2021

These notes form an integral part of and should be read in conjunction with the Association's financial statements.

1. GENERAL INFORMATION

The Ostomy Association of Singapore ("the Association") is established in Singapore under the Societies Act, Chapter 311 on 27 January 2014. The registered office address is 48 Toh Guan Road East #02-135 Singapore 608586.

The financial statements are presented in Singapore Dollars which is the also the Associations functional currency.

The principal activities of the Association are to promote the rehabilitation of persons who may have had at any time or will have colorectal surgery or urinary tract diversion surgery. There has been no significant change in the nature of this activity during the financial year.

The financial statements of the Association for the year ended 31 December 2021 were authorized for issue by the Committee of the Association on xxxx.

2. SIGNIFICANT ACCOUNTING POLICIES

a. Basis of preparation

The financial statements are prepared in accordance with Singapore Financial Reporting Standards (FRS).

The financial statements are prepared in accordance with the historical cost convention, except as disclosed in the accounting policies below.

The preparation of financial statements in conformity with FRS requires management to make judgements, estimates and assumptions that affect the application of polices and reported amounts of assets, liabilities, income and expenses. The estimates and associated assumptions are based on historical experience and various other factors that are believed to be reasonable under the circumstances, the results of which form the basis of making judgements about carrying amounts of assets and liabilities that are not readily apparent from other sources.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period of which the estimate is revised, if the revision only affects that period, or in the period of the revision and future periods, if the revision affects both current and future periods.

There are no areas involving higher degree of judgement of complexity, or areas where assumptions and estimates are significant to the financial statements.

The Association has not applied any new or revised FRS or Interpretations of FRS (INT FRS) that have been issued as of the balance sheet date but are not yet effective. The initial applicable of these standards and interpretations are not expected to have any material impact on the Association's financial statements. The association has not considered the impact of any FRS or INT FRS issued after the balance sheet date.

b. Financial assets

(i) Classification

Financial assets are classified into the following specified categories: financial assets "at fair value through profit or loss", "loans and receivables", "held to maturity investments" and "available-for-sale" financial assets. The classification depends on the nature of the asset and the purpose for which the assets were acquired. Management determines the classification of its financial assets at initial recognition.

Loans and receivables

Loans and receivables are non-derivative financial assets with fixed or determinable payments that are not quoted in an active market. They are presented as current assets, except for those maturing later than 12 months after the end of reporting period which are presented as non-current assets. Loans and receivables are presented as "cash in hand" and "cash at bank" on the statement of financial position.

(ii) Effective interest method

The effective interest method is a method of calculating the amortised cost of a financial instrument and of allocating interest income or expense over the relevant period. The effective interest rate is the rate that exactly discounts estimated future cash receipts or payments through the expected life of the financial instrument, or where appropriate, a shorter period.

(iii) Recognition and derecognition

Regular way purchases and sales of financial assets are recognised on trade date – the date on which the Association commits to purchase or sell the asset.

Financial assets are derecognised when the rights to receive cash flows from the financial assets have expired or have been transferred and the Association has transferred substantially all risks and rewards of ownership. On disposal of a financial asset, the difference between the carrying amount and the sale proceeds is recognised in the profit or loss. Any amount in other comprehensive income relating to that asset is transferred to profit or loss.

(iv) Initial measurement

Financial assets are initially recognised at fair value plus transaction costs.

(v) Subsequent measurement

Loans and receivables are subsequently carried at amortised cost using the effective interest method less allowance for impairment.

(vi) Impairment

The Association assesses at the end of each reporting period whether there is objective evidence that a financial asset or a group of financial assets is impaired and recognises an allowance for impairment when such evidence exists.

c. Cash and cash equivalents

Cash and cash equivalents include cash on hand and bank balances which are subject to an insignificant risk of change in value.

d. Financial liabilities

Financial liabilities are initially measured at fair value, and subsequently measured at amortised cost, using the effective interest method.

The Association derecognised financial liability, when and only when, the Association's obligations are discharged, cancelled and expired.

e. Revenue recognition

Subscriptions are recognised on a receipt basis.

f. Taxation

The income tax treatment of the Association is under S11 (1) of the Income Tax Act. Where more than 50% of the gross revenue receipts on revenue accounts are from members, the Association is not deemed to be carrying on a business but where less than half of such gross receipts are received from members, the whole of the income from transactions both with members and others shall be deemed to be receipts from a business, and the Association shall be chargeable in respect of the profits therefrom.



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Where the Association is not deemed to be carrying on a business, it will be liable to tax on income from other sources derived from dealing with non-members. The income shall be subjected to tax at the prevailing corporate tax rate at 17%.

3. COMPARATIVE FIGURES

The financial statements for the year ended 31 December 2021 is from 01 January 2021 to 31 December 2021 while the previous financial statements cover the period from 01 January 2020 to 31 December 2020.