

## Colorectal Cancer Support Group



### Topic:

*How to maintain  
your body muscle  
in old age.*

**Date: 9 Jan 2021      Time: 2.00pm**

Via Zoom

Click to Join: <https://tinyurl.com/y69tf5zz>

Meeting ID: 959 941 4825

Passcode: 71773

### Speaker

**Ms Anna Jacob**

**Director, Nutrition**

**Abbott Nutrition International**

**Singapore**

